



## Integrated Substance Misuse Recovery Partnership

### Merton Drug and Alcohol Services Launch Event

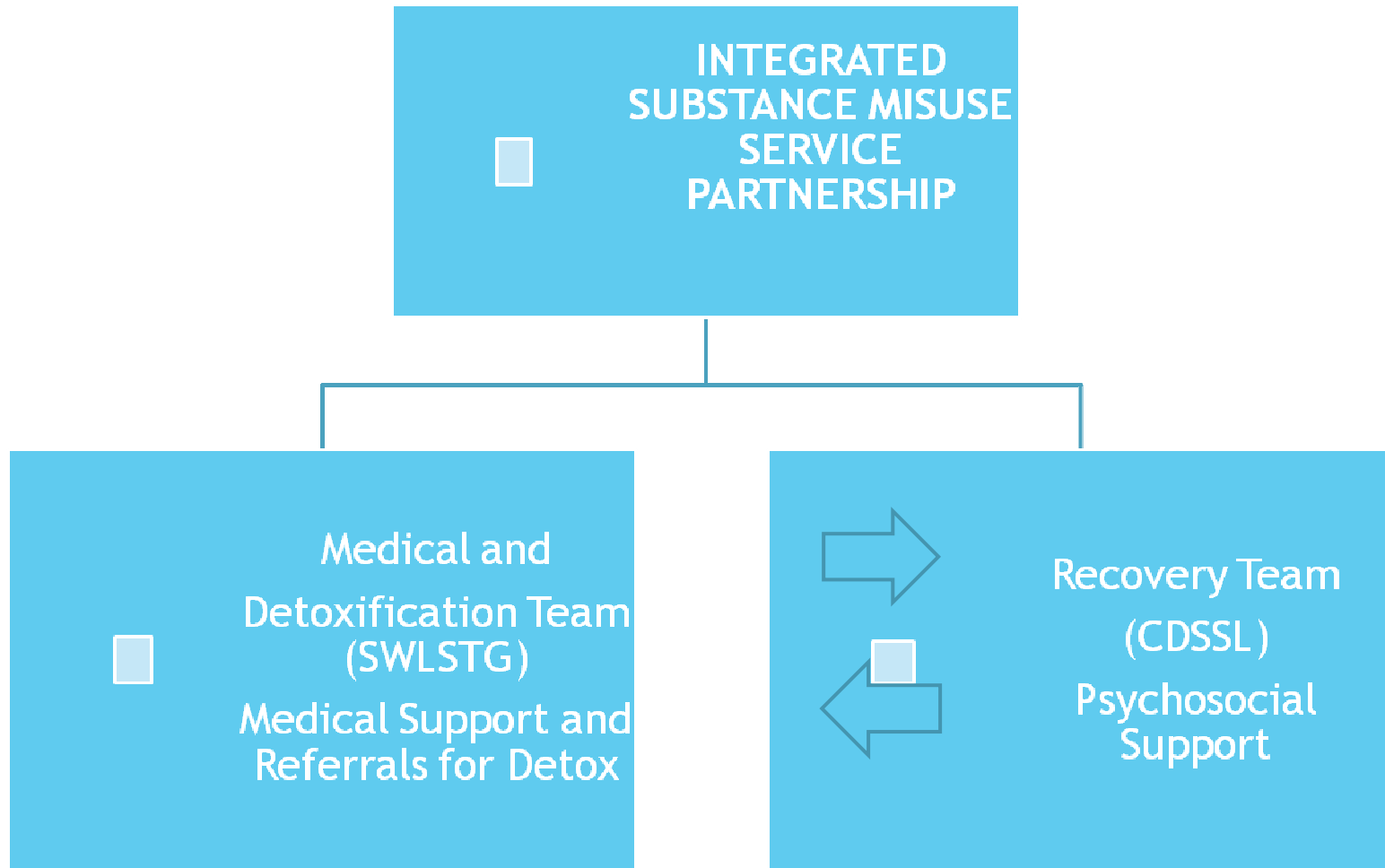


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*CDSSL Managing Director*  
*10<sup>th</sup> October 2013*

# Priorities in Merton

- ▶ Develop Tier 2 and Tier 3 Services for Polish and Eastern European People with an Alcohol Problem
- ▶ Develop Tier 2 and Tier 3 Services for Tamil Ethnic Group with an Alcohol Problem
- ▶ Decrease Street Drinking
- ▶ Establish links with local GPs Surgeries and have opioid specialist counsellors in local GP surgeries
- ▶ Develop a parental substance misuse work programme for drug or alcohol using clients living with children
- ▶ Develop stronger links with Mash and have a worker at MASH once a week

# How do we work together as a Partnership ?



### Stage 1

To support service users to reach abstinence from substances and alcohol use, by offering an integrated package of care individually designed for each clients needs

### Stage 2 and Aftercare

To support service users to become full functional members of the local community, and to achieve their individual aspirations and goals

# Reviewed Process for Assessment and allocations

- ▶ On referrals, clients passed over to the specialist worker
- ▶ The specialist worker will contact the client and will assess the client within five working days
- ▶ The specialist worker will start the clinical work in most cases on the same day of the assessment
- ▶ Results:
- ▶ Total waiting time from referral to start of clinical work a maximum of five working days

# OUTREACH SERVICES

## ENGAGING AND RE-ENGAGING CLIENTS INTO TREATMENT

- ▶ WORKING OUT OF ST GEORGES HOSPITAL ( offering clients with substance misuse issues treatment)
- ▶ STREET OUTREACH ( providing support to street homeless including food donations)
- ▶ HOME VISITS
- ▶ CLIENT ESCORTS
- ▶ SALVATION ARMY SUPPORTING HOMELESS PEOPLE WITH SUBSTANCE MISUSE ISSUES

# STAGE 1 SERVICES

## PSYCHOSOCIAL TREATMENT TO PRIMARY DRUG AND ALCOHOL USERS

### ALCOHOL SERVICES

- CONTROLLED DRINKING GROUP (for non-dependent, hazardous/harmful drinkers)
- PREPERATION FOR DETOX GROUP (Men's and Women's Group for individuals preparing for an inpatient or community detox from alcohol)
- ASSESSMENTS
- INDIVIDUAL KEYWORKING
- COUNSELLING SESSIONS FOR CLIENTS WITH COMPLEX NEEDS

### DRUGS SERVICES

- OPIATE SPECISLIST
- CANNABIS SPECIALIST
- STIMULATE SPECIALIST
- LEGAL HIGHS SPECIALIST
- OPIATE PREPERATION FOR DETOX GROUP
- HARM REDUCTION/NEEDLE EXCHANGE
- BBV TESTING (post and pre counselling)
- 121 KEYWORKING/ COUNSELLING

# STAGE 2 SERVICES

## HEALTH AND WELL BEING

### AFTERCARE

- ▶ MAINTAINING SOBRIETY GROUP
- ▶ UNDERSTANDING 12 STEP RECOVERY GROUP
- ▶ COUNSELLING/KEYWORK
- ▶ RECOVERY CHAMPIONS
- ▶ EDUCATION AND TRAINING SUPPORT

### A PROGRAMME FOR LIFE

- ▶ NUTRITION AND HEALTHY LIVING
- ▶ IMPROVING HEALTH AND LIVES GROUP
- ▶ YOGA CLASS
- ▶ MINDFULNESS
- ▶ DEBT AND FINANCE MANAGEMENT
- ▶ STOP SMOKING SESSIONS
- ▶ HOUSING AND BENEFITS GUIDANCE
- ▶ EDUCATIONAL AND HEALTHY DAY TRIPS



## Main elements and aspirations of services

To provide an:

- ▶ *Integrated, holistic, psychosocial and medical, whole family system approach service.*
- ▶ *Full support to service users, presenting with substance and or alcohol misuse problem, residents in the borough and their carers and family members.*
- ▶ *Based on the concept of recovery capital and strong aftercare.*
- ▶ *Support to service users and their families to achieve full functionality and full integration in the local community.*

# BAME

- ▶ BAME Link Officer
- ▶ Acts as a main point of contact for providing services on issues affecting the lives of BAME and Eastern European Communities (Polish)
- ▶ Ensures BAME Communities issues on substance misuse are mainstreamed into the Drug and Alcohol Strategy
- ▶ Provides information, advice, help, support and representation at tribunals to BAME clients on issue on benefit (JSA,ESA,PIP, EEA, Disability ) Housing, Education, Employment and Training.
- ▶ Provides support and advice to BAME Organisations, Statutory/Non Statutory Organisations
- ▶ Raising awareness on the Impact Of Drug Misuse and non prescribed drugs for BAME users, families, parents and carers.